

## Tunnocks factory tour



Alice, Anisa, Gordy and Sophie enjoyed visiting the Tunnocks factory



On Thursday 12 April, Anisa and Gordy who are supported by Quarriers Inclusion Service attended a guided tour of the Tunnocks Biscuit Factory in Uddingston along with Chief Executive Officer Alice Harper and Inclusion Worker Sophie Gallacher. Tunnocks is a good friend of Quarriers and has shown very welcome support over the years,



The young people really enjoyed the tour, saying that it was a great day out.

## Purple Day 2018



Celebrating Purple Day

On Monday 26 March, the team at The William Quarrier Scottish Epilepsy Centre marked Purple Day, an international epilepsy awareness day, by taking part in a 12-hour stationary cycle in the centre.

Elaine Blackley started the cycle at 8am and Eddie finished it at 8pm. Throughout the 12 hours, patients, staff and students took turns cycling to raise money for the patient activity fund. Thank you to everyone who supported and participated in the day.

The centre also held an information session which was attended by around 50 nursing students and lecturers from Glasgow Caledonian University and the University of the West of Scotland who were interested in finding out more about epilepsy and the work that we do at the centre.

**We want to hear from you!**

Send your news for The Bulletin and the Intranet to [heather.crumley@quarriers.org.uk](mailto:heather.crumley@quarriers.org.uk)

## Competition time – win £50 Amazon vouchers!

Would you like to win £50 worth of Amazon Vouchers?

Quarriers Learning and Development Department is giving away two £50 vouchers for you to spend on yourself. These prizes were kindly donated by Learning Nexus who provide us with some of our most popular eLearning courses.

All you need to do is tell us what you think of our new SharePoint and OneDrive manuals and videos on our QLearn site. Have you found these training materials useful? Is there anything you feel is missing? Is there anything you would like us to add?



To find these, log in to <http://qlearn.org.uk/>, click the drop down arrow beside Find Learning, select Technology from the course categories and from the list you will see the course titled SharePoint 2013. The learning materials we would like you to evaluate are in the tab called Quarriers Handouts and Videos.

The winners' photograph will appear in the next Learning

Nexus newsletter and the Bulletin. We would also like you to tell us what you plan to spend the vouchers on.

Please send your feedback to [dana.mcnish@quarriers.org.uk](mailto:dana.mcnish@quarriers.org.uk) before **Monday 7 May**. The winners will be announced in the staff bulletin issued on Monday 21 May.

Good luck!

### Intandem celebration event



Christopher and Siobhan enjoyed the celebration event

Siobhan supports Christopher through Quarriers intandem Volunteer Mentoring Service. On Wednesday 11 April, Siobhan and Christopher attended the intandem celebration event at Edinburgh Zoo where they had the chance to see animals, meet the zoo mascot and speak to government representatives about mentoring.

For more information about intandem volunteer mentoring, click [here](#).



### Girvan beach clean



The team hard at work cleaning the beach

Bunty McGhie and Bobbie Martin, who are supported by our Homelife Service in Girvan, recently took part in the local annual beach clean along with staff. The clean was organised by the local Rotary Club, who have been very supportive of Quarriers, and staff and people we support wanted to give back to them and the local community.



## Josie Bell retires



Last month, Quarriers Aftercare Worker Josie Bell retired after 15 with Quarriers. Josie has incredible knowledge of Quarriers history and archives, and helped hundreds of people to access historical records about their families or their own time

at Quarriers. We wish Josie all the best for her retirement.

For all enquiries relating to accessing records and archive materials, please contact the Safeguarding Team on [safeguarding@quarriers.org.uk](mailto:safeguarding@quarriers.org.uk)

## Carol marks 20 years with Quarriers



Next month, Carol Kerr celebrates 20 years with Quarriers. Carol currently works as Relief Senior Administrator/Hotel Services Manager at The William Quarrier Scottish Epilepsy Centre, and previously worked in Quarriers Learning and Development Department.

Her colleagues would like to thank her for her hard work and dedication, and say they would be truly lost without her.

## Stories by Kevin Keegan



*Kevin Keegan, who is supported by Quarriers Ashgrove Service, recently retired having worked with Quarriers Corporate Services Team for several years. He also shares a story about a recent outing.*

### Retirement party

On Friday 30th March it was my retirement party at Bethesda. It started at 1pm till 4.15pm. There was a buffet and drinks set up. My niece Sharron made tablet and my niece Sonya made chocolate muffins for the party.

Linda, Gerry, Gary and Sonya were going to Graceland on



Tuesday 3rd April. We will get some photos for you.

### The Seagull Tour

On Wednesday 11th April 2018 everybody went out with three staff on The Seagull Tour. After the tour went for a Kentucky Fried Chicken takeaway with a soft drink.

## Policy updates

The following policies have been uploaded to the Intranet:

- **Modern Slavery Policy**  
April 2018 (Revision)
- **Anti-Bribery and Corruption Policy**  
April 2018 (New)
- **Personal Information Security Policy**  
April 2018 (New)
- **Secure Desk Policy**  
April 2018 (New)

Please take a few minutes to read over these. All policies can be accessed on the Intranet by clicking on Site Contents on the left hand menu, then Policies.

## News from Inclusion

### Coming soon – Quarriers podcast

Watch this space for news about our new podcast which will be launching very soon.



### Quarriers Village walking group

The Inclusion Team is keen to develop sustainable projects and has organised a six-week guided walking group in Quarriers Village, with the view that the group will eventually be run by people we support and staff. During the initial six weeks, the group will be established and shaped to fit the needs of the people we support.



The first meet up will take place at the Hunter House Lounge at 10.30am on Friday 18 May where the group can make a plan and look at walking routes.

### Meetings

The Inclusion Team is always keen to meet with you, the people you support and staff teams.

If you have any team meetings or residents meetings coming up and would like Inclusion to attend, please contact a member of the team to come along and learn more about how we can better work together.

### Arts and crafts workshops

The next arts and crafts sessions for people we support will take place at the **Glasgow Regional Office** on Thursday 17 May from 1.30pm-3.30pm and Wednesday 30 May from 10.30am-12.30pm. There will also be a session at **Lysenmore** on Friday 18 May from 2-4pm.

At these sessions, people we support will have the



opportunity to create artwork which will be displayed at the offices.

If any of the people we support at your service would like to get involved either by attending these sessions or creating artwork at their local service, please contact Inclusion on the details below.

### LDAS Conference

The next Learning Disability Alliance Scotland conference, titled A Fairer Scotland and How We Get There, takes place at Norton Park Conference Centre in Edinburgh on Friday 4 May.

The event is open to all adults with learning disabilities, their families, carers, and anyone who is interested in these important issues and their impact on the learning disability community across Scotland. See page 8 for details

Scotland's new social security system, Universal Credit, PIP, care charges and accessible politics will be the issues of the day.



Inclusion's Oh Yellow group will be facilitating a workshop at the conference for participants to share their experience over PIP and universal credit.

The conference is free to attend. Book your place by emailing [bookings@Ldascotland.org](mailto:bookings@Ldascotland.org)

### Webpage

Inclusion has updated its information on Quarriers website: <https://quarriers.org.uk/how-we-help/inclusion/>

If you have any feedback or feel more information is needed, please contact a member of the team.



For more information on any of the above events, workshops and initiatives, please contact the Inclusion team on [inclusionteam@quarriers](mailto:inclusionteam@quarriers).

## Jimmy and Westley's award nominations



Jimmy and (right) Westley with their certificates



Jimmy Boardman and Westley Gray were recently nominated for Learning Disability Awards in

recognition of their commitment to learning and developing their computer skills. Jimmy and

Westley were presented with their certificates at the weekly Go4IT computer club. Well done!

### Dr Iain Campbell appointed as Clinical Psychologist

Clinical Psychologist Dr Iain Campbell has joined the team at the William Quarrier Scottish Epilepsy Centre. The appointment reinforces the patient-centred ethos of the centre and Quarriers' commitment to understanding the psychology around diagnosing and treating epilepsy.

Dr Campbell said "As a psychologist I'm trained to assess, formulate and treat individuals who present with highly complex mental and physical health difficulties.

"The role of the clinical psychologist is twofold: clinically, there is a service to be delivered to each patient that comes through our door to ensure they receive the gold standard assessment and intervention you would expect from a national specialist centre.



Dr Iain Campbell

"Secondly, there is an educational role to help wider society understand the role of psychology and the wider work of the Centre around the treatment of epilepsy."

You can read more about the importance of psychology in treating epilepsy [here](#).

Iain has also challenged himself to run three marathons this year to raise money for the centre. You can sponsor him [here](#).

### Easter egg donations



Just some of the Easter eggs!

A huge thank you to the very generous organisations who donated almost 900 Easter eggs for the people we support. Thanks to Balfour Beatty plc (Eurocentral office), Santander UK (St Vincent St office, Glasgow), Direct Line Group (Glasgow office) and General Electric (Glasgow office), children and adults at 31 of our services enjoyed tucking into chocolate eggs over Easter.





Get the girls together – it's time for Quarriers Ladies Lunch.

A day out with the girls you say? Let's do it!

Sunday  
29 April 2018  
12 noon to 4.30pm  
The Grand Central  
Hotel, Glasgow  
£40pp

Great food,  
shopping,  
goody bags,  
entertainment  
and guest  
speaker

We are happy to announce that **Tom Urie** will be hosting Quarriers Ladies Lunch this year.

Known for his acting (River City, Still Game) and musical ability (Proms In The Park 2017), Tom is sure to make it a highly entertaining afternoon.

The afternoon will start with a sparkling champagne reception in the stunning Grand Ballroom at Glasgow's Grand Central Hotel, and guests will be treated to great food, shopping, goody bags and the wizardry of magician Billy Reid.

It really is an event not to be missed so take full advantage of our discounts for staff and people we support below.

### Staff offer

£5 discount on all tickets for staff  
(normal ticket price £40)

Discount code: **staff**

### People we support offer

Two tickets for £55 for people we support and their support worker  
(two tickets normally £80 - extra support staff tickets will also be discounted)

Discount code: **support**

Visit [www.quarriers.org.uk/ladieslunch](http://www.quarriers.org.uk/ladieslunch) and enter the relevant code on the payment form to receive your discount.

You can also book by calling Events on 01505 616054.

## It's a boy!



Chloe

HR Assistant Chloe Gorton is expecting a baby boy and has now finished up for maternity leave. Her colleagues in HR gave her a great send off with lots of lovely gifts.

### Personal information on social media



On social media sites like Facebook and Twitter, there are posts asking people questions such as the place you were born, the name or your primary school or the name of your first pet. These may seem like fun, harmless questions, but these are also questions you may be asked when setting up accounts for facilities such as online banking.

By answering these questions on social media, you could be giving hackers the answers to your security questions answers without realising. Please take care and think before posting information like this on social media.

### Are you up to the 10 for £100 challenge?



We're looking for 10 people to raise £100 each during the month of May. Running, baking, organising a 5-a-side match, sponsored silence, breaking a world record:

how you raise money is up to you. Be as creative as you like!

Email [events@quarriers.org.uk](mailto:events@quarriers.org.uk) for more information and ideas.



## Quarriers Annual Golf Day

Friday 8 June 2018  
Haggs Castle Golf Club



Support Quarriers at our Annual Golf Day at Haggs Castle Golf Course.

- Start your day with tea, coffee and breakfast rolls
- 4-ball with shotgun start
- One of the top 100 courses in Scotland
- Two-course lunch in the club house
- Fantastic prizes

**Price: £450 for a four-ball**

### Book your place today

Call us on **01505 616054**  
[events@quarriers.org.uk](mailto:events@quarriers.org.uk)  
[www.quarriers.org.uk/events](http://www.quarriers.org.uk/events)



Quarriers is a registered Scottish Charity No. SC001960



# A FAIRER SCOTLAND AND HOW WE GET THERE CONFERENCE

9.30am – FRIDAY MAY 4<sup>TH</sup> 2018

NORTON PARK CONFERENCE CENTRE  
57 Albion Road, Edinburgh, EH7 5QY



A CONFERENCE FOR PEOPLE WITH LEARNING  
DISABILITIES AND THEIR FAMILIES

Organised by the Learning Disability Alliance Scotland

Booking essential: [bookings@ldascotland.org](mailto:bookings@ldascotland.org)

For enquiries contact LDAS: 07920 141 823 



# A FAIRER SCOTLAND

## AND HOW WE GET THERE CONFERENCE

### What's happening on the day?

During the day we will hear from special guests from the Scottish Parliament and from the Board of the Learning Disability Alliance Scotland.

There will be workshops looking at the things that people with learning disabilities want to see changing to help get to a Fairer Scotland. Everyone will get a chance to talk about how we can make things fairer. We will be looking at:

- Care Charges
- Social Security – PIP and Universal Credit
- Having a Fair Say

The workshops will use drama, music and art to report back on the workshops. Everyone will get a chance to go to two workshops. Video diaries will be getting made throughout the day to make sure your concerns are being heard.

### How To Get There



To book a place go to: [bookings@Ldascotland.org](mailto:bookings@Ldascotland.org)  
Please give details of dietary requirements.